

Do's and Don'ts When Protecting Yourself Against Coronavirus

Cover your coughs and sneezes

Cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in a lined trash can; immediately wash your hands with soap and water for at least 20 seconds. Soap and water should be used preferentially if hands are visibly dirty.

WASH YOUR HANDS frequently

Wash your hands often with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains 60 to 95% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty. Avoid touching your eyes, nose, and mouth with unwashed hands.



Clean and disinfect all "touch point" surfaces everyday

CP-64 One- Step Disinfectant

Remove heavy soil deposits from surface, then thoroughly wet surface with the use-solution. The use-solution can be applied with a cloth, mop, sponge, or coarse spray or by soaking. For sprayer applications, use a coarse spray device. Spray 6 - 8 inches from the surface, rub with a brush, cloth or sponge. Do not breathe spray. Let solution remain on surface for a minimum of 10 minutes. Rinse or allow to air dry.



USE ON:

- Floors
- Walls
- Metal surfaces
- Stainless steel surfaces
- Glazed porcelain
- Plastic surfaces
- Water fountains
- Breakroom tables
- Light Switches

- Security Stations and Bins
- Door handles, knobs, and push bars
- Dispensers
- Restroom partitions and doors
- Toilet seats and handles
- Security trays at checkpoints

- Hand-rails
- Elevator buttons
- Hand dryers
- Chairs
- Handles, fridge doors, microwave doors
- Vending machines
- Buses, vans, cars used for transport
- Bathrooms
- Shower stalls
- Bathtubs
- Cabinets
- Kitchen counters
- Sinks
- Appliances
- Stovetops
- All non-porous surfaces



www.rochestermidland.com 1-800-836-1633

Please refer to the CDC website https://www.cdc.gov/coronavirus/2019-ncov/index.html for additional information.