

Is There a Right Way to Use a Public Washroom

Experts are stressing that the greatest risk of contracting COVID-19 is through contact with People not Porcelain. Having said that, people are worried if public spaces are safe to be in.

So, 'Is there a safe way to use public restroom without overwhelming risk of contracting Corona virus?' the answer is **"Yes"**

- Maintain social distance when waiting in a lineup to use the washroom.
- Try not to touch surfaces. Better yet use a paper towel to open doors and handles.
- Always wear a mask.
- Avoid using public washrooms that are jam packed as the risk is higher in crowded places. Find a washroom with less traffic area.
- Avoid facing away from the toilet when flushing, so that droplets and particles (including those of corona virus) do not land on or near your face.
- Wash your hands thoroughly with soap and water. Use Sanitizer liberally.
- Try not to touch the door handle on the way out. If you do, sanitize hands immediately.
- Experts believe that using hand dryers to dry hands is not a good idea, as they spread the particles and droplets around the washroom.
- Be a role model to your coworkers (and family members) when practicing good hand hygiene. If you practice something daily and make it a habit, you are sure to pass it down to little ones at home who might not understand why this is important.
- Thoroughly wipe the diaper bin table with sanitizing wipes before using it.
- Plan ahead before you step out. It is better to use washroom at home or work (Follow our resource leaflet on how to restart your washroom to ensure that your place of work follows all procedures correctly).
- Always use the washroom if it is an emergency.

Call 1.888.836.1633 to speak with an RMC Hygiene Expert.